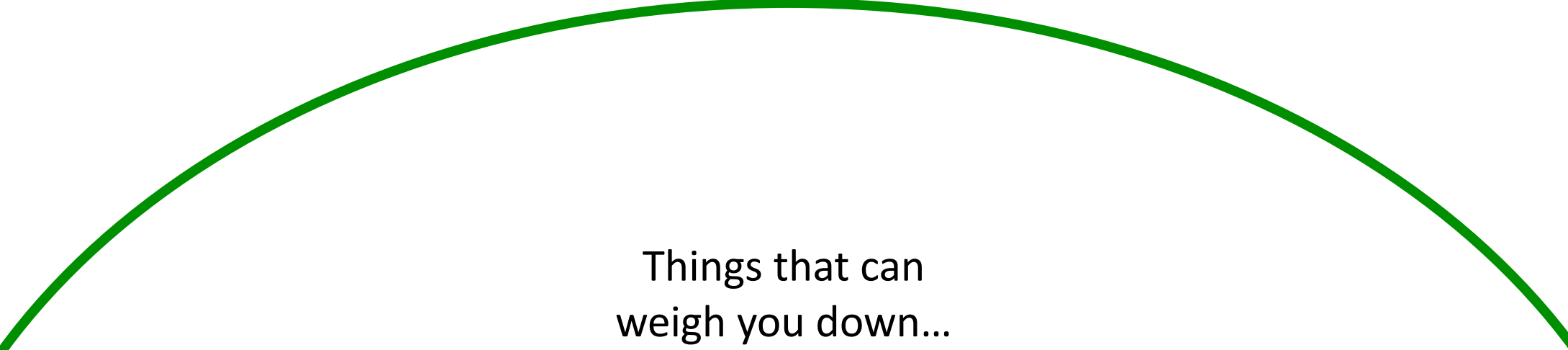


Things that can
lift you up!

**Life is full of
Ups and Downs**



Things that can
weigh you down...